**Heroic Archetypes**

1. Hero as warrior Odysseus
2. Hero as lover Prince Charming
3. Hero as scapegoat Jesus
4. Tragic Hero Oedipus, Hamlet, Macbeth (fatal flaw)
5. Romantic/Gothic Hero Mr. Rochester in Jane Eyre (hero with dark side)
6. Proto-Feminist Hero Wonder Woman (female heros)
7. Apocalyptic Hero (faces possible destruction of society)
8. Anti-Hero Homer Simpson (non-hero, vocation of failure, humor)
9. Defiant Anti-Hero Hear of Darkness (oppose of society’s def of hero)
10. Superhero Superman (exaggerations of hero traits)

**Types of Archetypal Journeys**

1. Quest for identity
2. Epic journey to find promised land/the good
3. Quest for vengeance
4. Warrior’s journey to save is people
5. Search for love / rescue princess / damsel in distress
6. Search for knowledge
7. Tragic Quest: penance or self-denial
8. Fool’s Quest
9. Quest to rid the land of danger
10. Grail Quest: for human perfection

**Stages of a Hero’s Journey**

Stage 1: Departure call to adventure/task/can be reluctant to accept

Stage 2: Initiation crosses threshold into new, more dangerous world, gaining maturity

Stage 3: Road of Trials with supernatural aid, endures tests of strength, resourcefulness, endurance

Stage 4: Innermost Cave descends into place of great trial, within own mind; reborn; changes

Stage 5: Return: uses new wisdom to restore fertility and order to the land

**Characteristics of the Hero’s Journey**

1. Hero is naïve and inexperienced
2. Hero meets monsters or monstrous men
3. Hero has a strange, wise being as a mentor
4. Hero yearns for beauty (lady) who may be his guide or inspiration
5. Hero must go on a journey, learn a lesson, change, return home
6. Hero often crosses a body of water or travels on a bridge
7. Hero is born and raised in rural setting away from cities
8. Hero origin is mysterious or the hero losses parents at young age, raised by animals or wise guardian
9. Hero returns to the land of birth in disguise or as an unknown
10. Hero is special, one of a kind. Represents a whole nation or culture
11. Hero struggles for something valuable and important
12. Hero has help from divine or supernatural forces
13. Hero has a guide or guides
14. Hero goes through a rite of passage or initiation; an event that marks a change
15. Hero has a loyal band of companions
16. Hero makes a stirring speech to companions
17. Hero engages in tests or contests of strength (physical and/or mental) and shows pride in excellence
18. Hero suffers an unhealable wound, sometimes an emotional or spiritual wound from which is never recovered